

UNITED MONTHLY

Volume 14, Issue 11

November 2024

We are United to
EXPERIENCE Jesus,
SERVE others and
LIVE the Word!

We live out this mis-
sion statement with
our core values of
Joyful Worship,
Authentic Community,
Faithful Witness and
Ridiculous Generosity.



United Lutheran Church
is a congregation of the
Evangelical Lutheran
Church in America.



God's work.
Our hands.

Thanks be to God

Dear Sisters and Brothers in Christ,

The Apostle Paul wrote this: "Thanks be to God for his indescribable gift!" (2 Corinthians 9:15).

I think we can all agree that we have a lot to be thankful for this year, even amidst the challenges we face individually and as a nation. It is good and right for us to thank God for spouses, kids, jobs and health. But when Paul says, "We thank God for his indescribable gift!", he's talking about something specific. Actually, Someone specific. He isn't thanking God for things (though he could, and in other places in the New Testament, he did); rather, he is thanking God for Jesus. Or, to say it another way, Paul is thanking God for God.

The greatest gift that God ever gave the world was His Son, Jesus Christ... who was (and is) God in the flesh. This is really what Christmas is about... the idea that God became a man (theologians call this "the incarnation"). As C.S. Lewis put it in Mere Christianity, "The Son of God became a man to enable men to become sons of God." And although Paul knew nothing of our American holiday on the fourth Thursday of November, I think it's right for us to talk about Christmas at Thanksgiving. Not because I'm trying to rush past the powerful holiday of Thanksgiving and move on to the next one; but because our gratitude on this holiday is informed by the next one.

This Thanksgiving, I encourage you to thank God for all of the people and things you can think of. Be specific in your gratitude. Articulate and enumerate all of the blessings in your life, because, "Every good and perfect gift is from above," James 1:17a. But I also encourage you this Thanksgiving to thank God for God. Don't just thank Him for **what** he's given you; thank Him for **who** He is. The purpose of all of these earthly blessings is not that we become infatuated with the gift as an end to itself, but rather, to draw our eyes up to the Giver. He was the one who gave His Son so that you and I could be rescued from sin and restored to a reconciled relationship with Him. God did all of this for each of us personally.

We have so much to be thankful for.

Happy Thanksgiving,

Pr. Jodi

All Saints Sunday

All Saints Sunday is this Sunday, November 3, where we honor those who have started their life in Christ this past year through baptism at United Lutheran and also those whom in this past year have passed on to life eternal through the promise of Jesus' resurrection. During this candle lighting service all will be invited to come forward and light a candle in memory of a loved one, if you wish.

November 2024

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2 4:30PM EaND Synod Fall Gathering @ PRBC
3 9AM Sunday school 9AM Preschool SS 10AM Worship (All Saints Sunday) 1-5PM Fellowship Hall reserved	4	5	6 5:15 Wednesday school 6PM Confirmation	7 12PM Al-Anon	8	9
10 No Sunday school 10AM Worship	11 6PM P.E.O. 7PM Grief Support Group in the church library	12 9AM-3PM Quilting 5PM Esther Circle	13 9AM-3PM Quilting 10:30AM Deborah Circle @ Senior Center 2PM Pastor Jodi @ Wheatland Bible Study 5:15 Wednesday school 6PM Confirmation	14 12PM Al-Anon	15 Crafting Weekend (More info on page 7)	16 Crafting Weekend (More info on page 7)
17 9AM Sunday school 9AM Preschool SS 10AM Worship	18 6PM Church Council meeting	19	20 2PM Rachel Circle 5:15 Wednesday school 6PM Confirmation	21 12PM Al-Anon 3 PM Lefse Days	22 8AM Lefse Days	23
24 9AM Sunday school 9AM Preschool SS 10AM Contemporary Worship (Harvest Sunday)	25	26	27 No Wednesday school No Confirmation	28 Happy Thanksgiving!	29	30

Faith & Care #1

- | | |
|-------------------------------|---------------------------|
| Chairman - Brian & Darby Hart | Dale Klein |
| Shelly Agnes | Kathy Kram |
| Brandon & Sarah Badding | Josh & Pam Krivarchka |
| Carol Badding | Kevin & Teri Lill |
| Reily & Stephanie Bata | Lyle & Deidre Long |
| Todd & Abby Borchardt | Dale & Pam Luhmann |
| Sandra Brooks | Nathan & Courtney Metzger |
| Brody & Adrienne Cahill | Patty Metzger |
| Daren & Sarah Christianson | Jeff & Brittanie Mostad |
| Todd & Shanda Christianson | Ken & Carol Myhre |
| Jamie & Amanda Coyle | Frances Noland |
| Lawrence & Susan Fay Crockett | Ellen Nuelle |
| Denis Domres | Jim & Shannon Nuelle |
| Lynn Domres | Duane Olson |
| Margaret Downs | Edwin Olson |
| Greg & Jolene Everson | Jeff Overby |
| Taylor Everson | Glenn Pederson |
| Joanne Field | Edward & Bernice Pengilly |
| Rory & Carey Freer | Shane & Janelle Peterson |
| Elaine Haugen | Tara Roberts |
| David & Ardyce Hennager | Kyle & Kaila Rollness |
| Joel Jacobson | Cindy Steinke |
| Terry & Janet Jacobson | Laura Thielbar |
| | Ron & Cathy White |

ULC Leadership 2024

- | | |
|---------------------|----------------|
| President | LeeAnn Knudson |
| Vice President | Steve Hart |
| Secretary | Kari Agotness |
| Financial Secretary | Julie Johnson |

Committee Council Representatives

- | | |
|-------------|-----------------|
| Education | Kim Hart |
| Endowment | On Rotation |
| Hospitality | Andrea Jacobson |
| Property | Sara Goodman |
| Stewardship | Katie Henry |

Non-voting Representative

- | | |
|--------|-------------|
| Pastor | Jodi Myrvik |
|--------|-------------|

Council Notes 09-16-24 Mtg

Pastor reported Confirmation classes are going well with 37 students. The five 10th Grade students will be confirmed on Sunday, October 27. She has been planning Advent with Kathie and also attended a Grafton conference meeting with discussion on pulpit supply and communion authorization. There is a fall gathering on November 2; the bishop would like four members attend from each congregation. Pastor has also started a Grief Support Group, meeting the second Monday of each month.

Julie informed Council that the property insurance for the church and parsonage will be going up by \$1800 for 2025.

Tyler reported for Endowment that the fund is up a little and will soon be meeting to discuss a possible dispersment for the end of the year.

Andrea conveyed that she will be working on updating the Faith & Care lists and meet soon with their leaders.

Steve shared that he heard back from the engineer regarding the roof repair plan and the structural review of the project has been approved.

Stewardship rep said that God's Work. Our Hand's Sunday went well. 30 personal care kits were assembled and dropped off in Fargo. The City Park received some much needed maintenance. Harvest Sunday will be November 24.

The Compensation Review Committee met to plan for 2025. Portico, the ELCA compensation package is looking to revise their plans for 2026.

Council minutes and treasurer's report are posted monthly on the bulletin board in the hall across from the church kitchen.

Financial Update 9-30-24

September Offering \$16,217.00

	<u>Year-to-Date</u>	<u>Budget YTD</u>
Offering Income	\$135,683.93	\$143,556.99
	<u>Current Year</u>	<u>Last Year</u>
Total Income thru September	\$140,879.72	\$142,686.75
Total Expenses thru September	\$142,145.26	\$138,027.13

As of October 29, our Endowment Fund balance was \$116,107.38. If you would like to make a contribution to the Endowment Fund, please make checks payable to "InFaith Foundation" (which manages our endowment fund). If Interest is accrued yearly from the Endowment fund it has been used at the end of each year to give back to needs within our community or special projects within the church.



This Sunday, November 3rd, daylight savings time ends. Remember to set your clocks back Saturday night!

Special Music

As a congregation, we are so thankful to all who are willing to share their special talents throughout the year. If you are a singer and/or instrumentalist, you are welcome to share your talent. Spreading God's word through music is very touching. Lisa Schuler is willing to be contacted if you need any help with music selection or need an accompanist.

Grief Support Group

Pastor Jodi is facilitating a monthly Grief Support Group at ULC in the church library; meeting the second Monday of each month. All are welcome and for more information please contact Pastor Jodi at 701-265-2409 or just come. Pastor Jodi is a registered nurse and also our parish nurse. She has attended numerous classes on grief and grieving. While working at Altru, she completed a course to become a Bereavement Specialist and most recently completed a Grief Support Facilitator Course in preparation to develop this support group.

October Memorials

Kenneth Anderson - Carol Hart (roof fund), Kevin & Jan Stein (general)

Memorials may be mailed or dropped by the Church Office at United Lutheran at any time.

Prayers of...

Healing

Steve Bulat, Ken Carlson, Bev Domres, Janice Nuelle, Donna Devine, Leota Mikkelsen and our brothers and sisters in Haiti.

Grief

The family of Kenneth Anderson on Kenneth's death. His funeral service was held at United Lutheran on Monday, October 21.

The family of Lois & Jerry Lykken on Jerry's death. Jerry's funeral was held at Milton Lutheran Church on Friday, October 18.

Joy

Congratulations to Stephanie and Reily Bata on the birth of their new daughter, Calla Joe.

We invite you to pray for those individuals listed. Please call the church office if you have additions to our prayer list.

Roof Project

At the time of the printing of the newsletter, \$69,400 has been graciously given to the roof project so far. (The proposed cost of the project is between \$125,000 - \$140,000). Thank you for your continued support! A visual chart is in the narthex sharing those donation numbers as they are received.

We encourage each family to prayerfully consider how you might be able to support this project and also if you don't have the means to give a gift now, but would like to designate how much you intend to give in the future, we appreciate knowing your family's intended support. Work for the project will begin next year.

New Member Sunday

Are you looking for a new church home and would like more information about becoming a member at United? Please fill out the tear-off card in the church bulletin and place it in the offering plate. You can also let Pastor Jodi or Julie know in the church office. We will be welcoming new members on Sunday, December 8.

Nominating Committee

The nominating committee will begin its important work of nominations for committee and council positions for our annual congregational meeting in January. Please consider how you might help serve our congregation!

Harvest Sunday

November 24 is our annual "Harvest Sunday" when we celebrate God's blessings and give back with dedicated offerings, reaching out to meet needs in our area and beyond, in addition to our congregation's general budget. We give thanks that God is good and God's steadfast love remains. Following worship that day, we will have a potluck—if you are staying to eat, please bring a dish to share. After the potluck, please consider staying to help clean up. (A gentle reminder that we are a peanut free church.)

Lefse Days

The Esther Circle is organizing their annual lefse days again November 21 & 22. Proceeds from this event will be used for our roof repair project. Lefse will be for sale the following Sunday on November 24th. Anyone wishing to help, please contact JoAnn Mueller at 256-3628 or if you want to observe this process of lefse days, feel free to stop by the church. Times will be listed on the November newsletter calendar.

Thank you Esther Circle for contributing to the much needed roof project!

Chapter Book/Bibles



On Sunday, October 13, the 3rd graders (and also students that have not received a Bible prior) received a chapter book/Bible "The Story for Kids, Discover the Bible from Beginning to End". A promise was made at baptism to place in their hands the Holy Scriptures. We are excited to further your children's faith formation at United Lutheran!

Pictured left: Pastor Jodi, Colbie Johnson, Hazel Smith, Zoey Kreklau, Avery Rhinhart and Ellex Rhinhart. Missing from the photo: Calvin Moline, Crosby Almen, Maverick Mostad, Braxton Mondor and Jamison Balsdon.

Confirmation

Confirmation classes (7-9 Grade) meet most Wednesdays at 6PM during the school year. (Watch for updated announcements on our Facebook pages with regards to changes in weather delays, school cancellations, etc.) The month of November's schedule is as follows:

- November 6 Communion
- November 13 Communion
- November 20 Mission Night
- November 27 **No Class - Thanksgiving break**



Reformation Sunday was October 27 and we celebrated the work of the Holy Spirit and the new things that God leads us to do in his church! We also celebrated our 10th Graders affirming their baptisms during worship. We celebrate this milestone in their faith journeys!

Pictured above: Pastor Jodi, Devin Hakanson, TJ Henderson, Aubrey Badding, Isabelle Vikan and Tucker Gellner.

K-6 Grade Church School

This year's Christmas program is scheduled for Sunday, December 15th. We will begin practicing for the Christmas program on December 4th (Wednesday) and we plan to hand out program lines November 20th and the 24th. We ask that the Sunday school students attend Wednesday school during the Christmas program practice times. Also, please let us know as soon as possible if your student(s) cannot participate in the Christmas program on December 15th so we can adjust parts accordingly. Church school lessons for November are:

- November 3/6 Moses and the Golden Calf
- November 10 **No Sunday school**
- November 13/17 The Ten Commandments
- November 20/24 Forty Years in the Wilderness
(Christmas lines will be handed out)
- November 27th **No Wednesday school**

Reminder that all updated announcements will be on our Facebook page: United Lutheran, Langdon K-6th Youth.

Pre-School Sunday School

Some of our "littles" are at that curious age of asking questions about Jesus. With the help of some of our confirmation students, we will continue to offer for preschoolers...that year before kindergarten...to attend Sunday School a few times a month from 9 -9:45AM. A big thank you to our confirmation students in volunteering their time and sharing the love of Jesus!

Preschool sessions offered until the end of the year are:

- November 3 The Golden Calf
- November 17 Thanksgiving
- November 24 Forty Years in the Wilderness
- December 8 Advent
- December 15 Jesus Birth



Grief Support Group

November is a month dedicated to raising awareness about mental health and promoting overall well-being. Following are a few ways you can actively participate:

Self-Care Practices: Self care is one of the fundamental aspects of maintaining good mental health. This involves taking time for ourselves, engaging in activities that bring joy and relaxation, and prioritizing our physical and emotional well-being. Some examples include getting enough sleep, eating nutritious meals, exercising regularly, practicing mindfulness or meditation techniques, and setting aside personal downtime.

Build Supportive Networks: Surrounding ourselves with supportive networks can greatly contribute to our mental well-being. Take the initiative to strengthen connections with family members, friends, and colleagues or even join a local support group or online support community. Sharing experiences and receiving support from others who may be facing similar challenges can make a significant difference in overall well-being.

Spread Awareness: Another way to promote mental wellness is by spreading awareness about various mental health issues. By sharing relevant information through social media platforms or participating in community events focused on mental health education, you can help reduce the stigma surrounding these conditions and encourage open conversations around the topic.

Practice Gratitude: Cultivating gratitude has been shown to have a positive impact on mental health. Taking time each day to reflect on things you are grateful for can shift negativity to positivity. Consider starting a gratitude journal or engaging in discussions with loved ones about what you appreciate most in your lives. Lift up at least one thing each day in thanksgiving.

Seek Professional Help: If you or someone you know is struggling with their mental health, it's essential to seek professional help. Mental health professionals, such as therapists or counselors, are trained to provide guidance and support for various mental health concerns.

Let's make this month a time of self-care, support, gratitude, and growth for ourselves and our communities. Together, we can create a more mentally healthy society.

God's Work. Our Hand's Sunday

Thank you to the individuals/families that stayed to help achieve our service projects with "God's Work. Our Hands" Sunday on October 6. About 40 individuals stayed to help! We were able to prepare 30 Lutheran World Relief personal care kits (delivered to Fargo) and update some much needed maintenance work in our City Park. Thank you to the Stewardship Committee for organizing the event and preparing the lunch prior to working!



At-a-Glance and General Announcements

Thank You to:

Brooke Gemmill and Lisa Schuler for their special music during worship on October 20.

Elaine Haugen and Linda Olson for helping our 10th Grade Confirmands prepare their stoles for Confirmation Sunday.

Our quilting group for donating a quilt to be auctioned off at the PRBC Quilt Auction. Our quilters do fabulous work!

The Youth who participated in the "Porch to Pantry" food drive for the Cavalier County Food Pantry and those who responded with donating food items. Thank you to Kristy McDonald, Carla Gemmill and Angie Sanders for making and organizing the BBQ supper for the kids!

Assistance

While attending worship, there are large print bulletins available and in-ear hearing devices from our ushers. We have a wheelchair available for anyone needing transfer assistance, located in the narthex.

Live Streaming

We are looking for a couple individuals that would be willing to be a back up person for running the iPads that support our live streaming on Sunday mornings. We thank Dale Klein and Victor Long for graciously volunteering their time in recording the services but having a few extra backup individuals would be great! (We have lost a few individuals returning to college). Please let Pastor Jodi or Julie know if this is something you could assist with.

Visitation

If you know of individuals that might be homebound or should be added to our visitation list, please share with the church office or write on the "tear-off" section of the bulletin and place in the offering plate. Also, if you'd like to be part of this committee, please reach out to Pastor Jodi.

Worship Notes

Going forward, we will keep the doors to the sanctuary open during worship. All are welcome even to those that may arrive late. The doors are noisy and it may be less noticeable for those needing to come in and out of the sanctuary during worship.

The Hospitality Committee has set up a children's area inside the sanctuary under the steps to provide a place for children to play quietly while still being in worship.

Grief Support Group

Second Monday of each month at United Lutheran Church in the library. All are welcome and for more information please contact Pastor Jodi at 701-265-2409.

United Quilters

Quilters meet the 2nd Tuesday and Wednesday of each month (9AM-3PM), September-April. If you can cut, sew or tie, you are welcome to come and help fulfill our mission. All materials, tools and machines provided; little experience required!

Address Information

If you are leaving to go south and would like to continue receiving the newsletter, please let the church office know of this change. The newsletter is also found on our website unitedlangdon.org

Weather Cancellation Notice

If inclement weather should arise, Pastor and Council President will make any decisions to cancel worship by 7:00 AM Sunday morning. A post will be made on our Facebook page and radio (KNDK) will also be notified.

Crafting Weekend

All are welcome, bring your crafts and enjoy fellowship time. Friday-Saturday (November 15 & 16), starts at 9AM at ULC. Any questions, feel free to contact Lisa Schuler.

Lutheran Disaster Response

Hurricane Helene and Milton has devastated communities across the southeastern United States. Gifts help provide immediate relief, such as water, clothing, gift cards, tarps and other needs. Since many hurricanes require a long-term response, Lutheran Disaster Response provides support on the long road to recovery with disaster case management, construction management, unmet needs, and emotional and spiritual care. To provide a donation go to www.give.elca.org/page/68904/donate/1 Gifts to Lutheran Disaster Response equip LDR to respond to these hurricanes and other disasters when and wherever they strike.

Helpful Information

Al-Anon - Thursdays, 12PM, ULC, providing support for relatives and friends of alcoholics. Call 701-270-2254 with questions.

Alcoholics Anonymous - Langdon - Wednesdays, 7PM, south wing of Langdon Prairie Health, **Cavalier** - Tuesdays, 8PM, Pembina County Memorial Hospital, **Lakota** - Thursdays, 7PM, Lakota

Mental health distress - Dial 988 for support for anyone experiencing mental health distress – whether that is thoughts of suicide, mental health, substance use crisis, emotional distress and even just worried about a loved one who may need crisis support.

37th Annual PRBC Quilt Auction

This Sunday, November 3, PRBC Annual Quilt Auction, 11:30AM lunch, 2:30PM viewing, 1:30PM Auction begins. Handmade creations from local quilters, crafters and woodworkers all in support of kids and families growing in faith and life through powerful camp experiences.

Visit United online at www.unitedlangdon.org or call us at 701-256-2594.



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Permit #46

Return Service Requested

Worship and Ministry - November Schedule

November 3 - Worship

Reader - Darby Hart
Ushers - Jim & Shannon Nuelle
Acolytes - Finley Smith & Reid Overby
Communion Assts - Kathy Kram,
 Brian & Darby Hart
Projectionist - Logan Landsem
Coffee - Brian & Darby Hart

November 10 - Worship

Reader -
Ushers - Janelle Peterson & Edwin Olson
Acolytes - Lizzie Hakanson & Breck Krivarchka
Communion Asst - Dylan Bott
Projectionist - Christian Tollefson
Coffee - Rory & Carey Freer family

November 17 - Worship

Reader - Dale Klein
Ushers - Todd & Abby Borchardt family
Communion Assts -
Acolytes - Oakley & Brynlee Koons
Projectionist - Victor Long
Coffee -

November 24 - Contemporary Worship

Reader - Kyle Rollness
Ushers - Kyle & Kaila Rollness family
Acolytes - Brooklyn Mondor & Kamdyn Krom
Communion Asst - Korbyn Rollness
Projectionist - Jaymee Reidhammer

Harvest Sunday

*Thank you to Helen Johnson & Shirley Robinson for being
our communion prep individuals for the month of November!*