

UNITED MONTHLY

Volume 14, Issue 10

October 2024

We are United to
EXPERIENCE Jesus,
SERVE others and
LIVE the Word!

We live out this mission statement with our core values of
Joyful Worship,
Authentic Community,
Faithful Witness and
Ridiculous Generosity.



United Lutheran Church is a congregation of the Evangelical Lutheran Church in America.



God's work.
Our hands.

Perseverance

Dear Brothers and Sisters in Christ,

This past week at the volleyball game, my daughter helped her friend, a cancer survivor, sell raffle tickets in support of Childhood Cancer Awareness. As I watched these young girls in support of their friend, I couldn't help but think of the various cancers that have altered the lives of many people in my life and our community. The support of and to the Cavalier Cancer Crusaders speaks mountains to those affected by this disease.

October is Breast Cancer Awareness Month. Statistics tell us that 1 in 8 women will develop breast cancer over the course of a life time. Which means that most of us have been or will be affected by this disease in one way or another...either personally or through a close loved one or friend who has been diagnosed. When I think of breast cancer...I think of many of you...and I write this as a tribute to you as well as a special person who is no longer with us...my mother-in-law, Shirley.

When I think of you all, the word that comes to mind is **Perseverance**. In the dictionary, perseverance is defined as "**steadfastness in doing something despite difficulty or delay in achieving success.**" Steadfastness...Staying steady...Holding steadfast to something and sticking out the situations that are difficult when success seems really far away.

Perseverance is really, really hard. But it is possible! And you who are dealing with various forms of cancer or other chronic illnesses teach us this. It is possible to persevere through hard times because rather than destroying us it can build character and lead to hope. You all teach us that if one keeps persevering, there is no failure. Having perseverance leads to hope. And not just any hope...Hope that doesn't put us to shame, because it's the hope of God's love, which He's poured into our hearts.

Romans 5:3-5 tells us, "**We glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.**"

As Christians...It's possible to persevere through hard times because we know what Jesus did for us. Jesus endured much for us; ridicule, hatred, suffering, cruelty, abandonment, betrayal and death on the cross. Jesus also persevered for us. Why?...Because He loves us with a crazy, overwhelming kind of love.

When we persevere in life, even when it's incredibly hard, we know that God is walking right beside us, cheering us on and helping us persevere. Knowing who Jesus is...the King and Savior of us all...and knowing what He did for us gives us confidence to persevere. Jesus died on the cross for our salvation and rose from the dead to bring us the assurance of eternal life. So, even in those times you feel that you cannot possibly keep going...know that God is an "ever present help in times of trouble" (Psalm 46:1). You cannot fail! With Christ at your side you always win!

On Christ the solid Rock we stand. All other ground is sinking sand!

Pr. Jodi

October 2024

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2 5:15PM Wednesday school 6PM Confirmation	3 12PM Al-Anon 3PM Maple Manor Worship	4	5
6 9AM Sunday school 9AM Preschool SS 10AM Worship "God's Work. Our Hands". Sunday	7	8 9AM-3PM Quilting 5PM Esther Circle	9 9AM-3PM Quilting 10:30AM Deborah Circle @ Senior Center 2PM Pastor Jodi @ Wheatland Bible Study 5:15PM Wednesday school 6PM Confirmation	10 12PM Al-Anon	11	12
13 9AM Sunday school 9AM Preschool SS 10AM Worship Bibles/Lesson Books for Students	14 6PM P.E.O. 7PM Grief Support Group in the church library	15	16 2PM Rachel Circle 5:15PM Wednesday school 6PM Confirmation	17 12PM Al-Anon	18 Crafting Weekend (More info on page 7)	19 Crafting Weekend (More info on page 7)
20 No Sunday school 10AM Worship	21 6PM Church Council meeting	22	23 5:15 Wednesday school 6PM Confirmation	24 12PM Al-Anon	25	26
27 9AM Sunday school 10AM Contemporary Worship Confirmation Sunday	28 6PM P.E.O.	29	30 No Wednesday school 7PM Youth Porch to Pantry Food Drive	31 12PM Al-Anon		

Faith & Care #4

- | | |
|--------------------------|--------------------------|
| Chair - Lisa Schuler | Charles & Marie Jordan |
| Miles & Teresa Anderson | Darrel & Karen Kempert |
| Rob & Laura Belle | Bub & Janice Knudson |
| John & Karen Boe | LeeAnn Knudson |
| Kenneth & DeLynn Carlson | Ryan & Nicole Koons |
| Jayla Christie | Courtney Krom |
| Wayne & Nancy Coyle | Kayla Krom |
| Jim & Marcie Crockett | Jolena Lowery |
| Tim & Myrna Devine | Matt & Crystal Lowery |
| Ryan & Heather Domres | Chris & Tina Mikkelsen |
| Dan & Peggy Fischer | Josh & Sarah Overby |
| Darren & Lisa Gellner | Trevor & Jennifer Romfo |
| Kraig Gellner | Jace Roy & Lindsey Hegg |
| Greg & Sara Goodman | Mark & Shauna Schneider |
| Ryan & Ashley Gustafson | Joan Schrader |
| Ashton Hedger | Bob & Diane Simmons |
| Zach & Andrea Jacobson | Kassandra Spanier |
| Corey & Julie Johnson | Jeannie Steinwand |
| Devon & Katie Johnson | Carla Symons |
| Jay & Delane Johnson | Willie Thom |
| Landin & Brynn Johnson | Ryan & Shannon Wagner |
| Linden & Helen Johnson | Shannon & Sheri Winnegge |

ULC Leadership 2024

- | | |
|---------------------|----------------|
| President | LeeAnn Knudson |
| Vice President | Steve Hart |
| Secretary | Kari Agotness |
| Financial Secretary | Julie Johnson |

Committee Council Representatives

- | | |
|-------------|-----------------|
| Education | Kim Hart |
| Endowment | On Rotation |
| Hospitality | Andrea Jacobson |
| Property | Sara Goodman |
| Stewardship | Katie Henry |

Non-voting Representative

- | | |
|--------|-------------|
| Pastor | Jodi Myrvik |
|--------|-------------|

Council Notes 09-16-24 Mtg

Pastor Jodi shared there is a fall gathering event in Cavalier on October 13 and also an event at PRBC with Synod staff on November 2. The bishop would like four members of each congregation to attend.

Confirmation is starting with parent/student meetings on September 18 and Pastor is hoping to have some Wednesday afternoon/evening youth activities with the PRBC staff.

Katie shared God's Work. Our Hand's Sunday is October 6; pizza will be served so please sign up. Projects are Lutheran World Relief personal care kits and working in the city park gardens.

Parsonage had a small gutter fix completed and Steve indicated that a structural engineering report was needed for the church roof.

Discussion was held regarding the sanctuary doors being left open during worship. The doors are noisy and it may be less noticeable for those needing to come in and out of the sanctuary during worship.

Hospitality will soon be incorporating a children's area inside the sanctuary under the steps to provide a place for children to play quietly while still being in worship.

Council minutes and treasurer's report are posted monthly on the bulletin board in the hall across from the church kitchen.

Financial Update 8-31-24

August Offering \$17,084.00

	<u>Year-to-Date</u>	<u>Budget YTD</u>
Offering Income	\$119,466.93	\$127,605.32
	<u>Current Year</u>	<u>Last Year</u>
Total Income thru August	\$124,497.63	\$129,963.09
*Total Expenses thru August	\$126,841.96	\$124,113.33

As of October 1, our Endowment Fund balance was \$116,360.60. If you would like to make a contribution to the Endowment Fund, please make checks payable to "InFaith Foundation" (which manages our endowment fund). If Interest is accrued yearly from the Endowment fund it has been used at the end of each year to give back to needs within our community or special projects within the church.

General Giving

Your offerings help to meet our regular yearly budgeted needs and also support our online worship services. If you are watching from home and would like to contribute in an easy manner, offerings can be mailed, dropped by the church, by setting up bill pay through your bank to have the bank mail your recurring scheduled offering or going online from your computer or phone and using the Tithe.ly app. Your support is much appreciated!

All Saints Sunday

With all Saints Sunday coming soon, we will remember all the saints in Christ. The names of those who have died this past year will be read during a candle lighting service on November 3. All will be invited to come forward and light a candle in memory of a loved one if you wish.



Roof Project

At the time of the printing of the newsletter, \$52,850 has been graciously given to the roof repair project. (The proposed cost of the project is between \$125,000 - \$140,000) Thank you for your continued support! A visual chart has been placed in the narthex sharing those donation numbers as they are received.

We encourage each family to prayerfully consider how you might be able to support this project and also if you don't have the means to give a gift now, but would like to designate how much you intend to give in the future, we appreciate knowing your family's intended support.

Live Streaming

We are looking for a couple individuals that would be willing to be a back up person for running the iPads that support our live streaming on Sunday mornings. We thank Dale Klein and Victor Long for graciously volunteering their time in recording the services but having a few extra backup individuals would be great! (We have lost a few individuals returning to college). Please let Pastor Jodi or Julie know if this is something you could assist with.

September Memorials

No memorials were received in the month of September.

Memorials may be mailed or dropped by the Church Office at United Lutheran at any time.

Prayers of...

Healing

Steve Bulat, Ken Carlson, Bev Domres, Janice Nuelle, Donna Devine, Leota Mikkelsen and our brothers and sisters in Haiti.

Grief

The death of Sheri Romfo's mother, Esther Krumwiede on September 23 in Rolla.

We invite you to pray for those individuals listed. Please call the church office if you have additions to our prayer list.

Green Thumbs

Thank you to our gardeners for planting and keeping our church flowers looking beautiful this summer. These ladies are not paid for this position and have dedicated their time in making our church property look beautiful and inviting to all. Thank you Kathie Johnson and Carol Hart. You are appreciated!



3-Year Old Bibles

During worship on September 29, we welcomed three-year olds to come forward, along with their parent(s) or guardian(s), to receive a Spark Story Bible. Receiving this Bible is part of the promises made at baptism “to place in their hands the Holy Scriptures.” Those that received bibles were:

Pictured left to right: Mac Mikkelsen (being held by Pastor Jodi), Clayton Johnson, Wittyn Schill and Peyton Welsh. Missing from the photo was Madilynn Johnson and Genevieve McMahon.



We hope this Bible brings you and your child joy and helps to nurture them and their growing faith.

Confirmation/Youth

Confirmation classes have begun and meet most Wednesdays at 6PM during the school year. The month of October's schedule is as follows:

- October 2 Movie Night
 Luther and the Reformation
- October 9 Worship - Colors - Symbols
- October 16 Baptism
- October 23 Baptism
- October 30 Mission Night
 Porch to Pantry food drive the
 Langdon Food Pantry

Watch for updated announcements on our Facebook pages with regards to United Lutheran student activities throughout the year. This site will be updated if there is school cancellation, weather related delays, etc. which may cause our Confirmation/Youth at the church to change.

Chapter Book/Bibles

On Sunday, October 13, the 3rd graders (and also students that have not received a Bible prior) will be receiving a chapter book/Bible “The Story for Kids, Discover the Bible from Beginning to End”.

When they were baptized, parents and sponsors promised to “teach the Lord’s Prayer, the Ten Commandments, the Creed and to place in their hands the Holy Scriptures.” Now that they are in third/fourth grade, we at United Lutheran want to help families with that.



On October 30, the 7-12th graders will be participating in “Porch to Pantry” food drive (formerly referred to as “Trunk or Treat”) in Langdon with other church youth groups. The youth will be traveling around town to collect items for the local food pantry. If you would like to donate items, please leave the items on the front step of your house and the items will be collected. Youth will meet at the church at 6:30PM for a supper prior to starting!

K-6 Grade Church School

Church school is off to a great start. Thanks to all the volunteers that help make this happen. Watch for updated announcements on our Facebook page: United Lutheran, Langdon K-6th Youth. Updates will include student activities, church school cancellations and weather-related delays. Church school lessons for October:

- October 6/9 Moses and the Burning Bush
- October 13/16 The 10 Plagues
- October 23/27 Moses and the Red Sea

Please note: There will be no Sunday school on Sunday, October 20 and no Wednesday school on October 30.

Pre-School Sunday School

Some of our "littles" are at that curious age of asking questions about Jesus. With the help of some of our confirmation students, there is a new opportunity for preschoolers...that year before kindergarten...to attend Sunday School once or twice a month from 9-9:45AM.

To register, please contact the church office with your child's name and age.

- October 6 Moses
- October 13 The Ten Plagues
- November 3 The Golden Calf
- November 17 Thanksgiving
- December 8 Jesus Birth



Grief Support Group

Grief is the experience of coping with loss. Most of us think of grief as something that happens in the painful period following the death of a loved one. But grief can accompany any type of loss. For instance, people diagnosed with a chronic illnesses often grieve no longer having the time to experience or achieve things they would've liked to. Grief can also occur after the loss of a relationship, a beloved pet or dream that for some reason will not be fulfilled.

There are multiple ways to experience grief. These include, but are not limited to; denial, anger, bargaining, depression and acceptance. These emotions often "come in waves." It may feel as if emotions wash over you without warning. One minute, life may feel as if it were back to normal, and the next, you may find yourself in tears. Grief causes people to experience the entire spectrum of emotions...from sadness to anger to joy often all in one day or even an hour.

People often want to know how long it takes to "get over" grief. It's important to remember that grief doesn't fit into neat boxes or timelines. Everyone's grief and grieving timelines are different. Also, there's never a time when you're "done" with grief. Your connection with a loved one who's died, a broken relationship, an abandoned dream, etc., becomes integrated into your ongoing life story and journey. It's forever a part of who you are.

Everyone's experience of grief is unique. But recognizing feelings, thoughts and behaviors that may surface during this time can provide assurance that you're not alone. You...like many others...will get through this. It's a common (but true) saying that the only way out of grief is going through grief itself. Working through difficult emotions can give you the strength you need to move forward in your life while continuing to hold a place in your heart for the loved ones and life experiences you've lost.

Sharing your story or hearing other's stories who are experiencing similar losses and emotions can be an integral part for healing and moving forward. I will be facilitating a monthly Grief Support Group starting October 14 at 7PM here at United Lutheran in the library. I invite you to come and check it out. All are welcome!

If you would like more information, give me a call at 701-265-2409. **Note:** Besides being our Pastor, Jodi is a registered nurse and also our parish nurse. She has attended numerous classes on grief and grieving. While working at Altru, she completed a course to become a Bereavement Specialist and most recently completed a Grief Support Facilitator Course in preparation to develop this support group.

"God's Work. Our Hands"

Our congregation will soon engage in service work and be one of over 8,700 congregations participating in "God's work. Our hands" Sunday. United Lutheran has chosen **October 6**. Join us as we do God's work with our hands! The areas of service we will be concentrating on are:

- Preparing personal hygiene care kits for Lutheran World Relief
- Cleaning up the flower beds in the city park and discarding trash



Feel free to wear your comfy clothes or wear your "Live Generously" Thrivent shirts. Fellowship with pizza, immediately following worship will be served for those staying to help. Please sign up on the bulletin board next to the sanctuary doors so we know how much pizza to order. Thank you for your consideration to lend a hand in these service projects!

Thank you to Debbie & Paul Peterson for using their Thrivent Action card to purchase the personal care kit items.

Special Music

As a congregation, we are so thankful to all who are willing to share their special talents throughout the year. If you are a singer and/or instrumentalist, you are welcome to share your talent. Spreading God's word through music is very touching. Lisa Schuler is willing to be contacted if you need any help with music selection or need an accompanist.

Children's Area

The Hospitality Committee has set up a children's area under the sanctuary steps to provide a space for children to play quietly while still being in worship.



At-a-Glance and General Announcements

Thank You to:

Shirley Robinson and Helen Johnson for wonderfully decorating in and around the church with the season of Fall.

Kalleigh Rollness for her special music during worship on September 29.

Thank you to Andrea Jacobson for purchasing items for the little children's nook and her time in organizing the area.

Assistance

While attending worship, there are large print bulletins available and in-ear hearing devices from our ushers. We have a wheelchair available for anyone needing transfer assistance, located in the narthex.

Worship Notes

Going forward, we will keep the doors to the sanctuary open during worship. All are welcome even to those that may arrive late. The doors are noisy and it may be less noticeable for those needing to come in and out of the sanctuary during worship.

The Hospitality Committee has set up a children's area inside the sanctuary under the steps to provide a place for children to play quietly while still being in worship.

Visitation

If you know of individuals that might be homebound or should be added to our visitation list, please share with the church office or write on the "tear-off" section of the bulletin and place in the offering plate. Also, if you'd like to be part of this committee, please reach out to Pastor Jodi.

Blended/Contemporary Sundays

A reminder that the black binders in the pews have the words to the contemporary music used on the 2nd and 4th Sunday of each month. The song numbers are listed accordingly in your bulletin.

Grief Support Group

Second Monday of each month, beginning Monday, October 14, 7PM, United Lutheran Church library. All are welcome and for more information please contact Pastor Jodi at 701-265-2409.

United Quilters

Quilting has resumed meeting (9AM-3PM), meeting regularly the second Tuesday and Wednesday of each month, through April. If you can cut, sew, or tie, come and help fulfill their mission! Quilts are made for baptisms, graduates, care center residents and are sent to people in need throughout our nation and the world through Lutheran World Relief. All materials, tools and machines are provided; little experience is required! Contact Elaine Haugen or Pam Luhmann if you're interested in helping!

Church Library

The church library has a specific area with material in providing support for relatives and friends of alcoholics. All are welcome to take any brochures, etc.

Also, if anyone is wanting any of the movie VHS tapes located on the west shelf, please help yourself!

Community Garden Boxes

Vegetables and fruits are available for late summer and fall harvest at no cost for community members with the community garden boxes. Help yourself!

Crafting Weekend/October 18-19

Open to all in the community who enjoys crafting while being with others! Bring your scrapbook, paints/canvases, sewing, crocheting, knitting, etc. to United Lutheran. The group meets once a month (Friday-Saturday). Bring in lunch or order in. Free, just bring what you need to do your project and a table will be set up for you. For more information, contact Lisa Schuler.

Fall Dinner/Suppers

Grafton Lutheran, this Sunday, October 6, 11AM-1:30PM. Turkey dinner with all the trimmings, \$15/plate. Dine in or take out available.

St. Alphonsus, Sunday, October 13, 4-7PM. Turkey & Ham with all the trimmings, dessert. Cake Walk 4PM. More information located on the bulletin board.

Helpful Information

Al-Anon - Thursdays, 12PM, ULC, providing support for relatives and friends of alcoholics. Call 701-270-2254 with questions.

Alcoholics Anonymous - Langdon - Wednesdays, 7PM, south wing of Langdon Prairie Health, **Cavalier** - Tuesdays, 8PM, Pembina County Memorial Hospital, **Lakota** - Thursdays, 7PM, Lakota

Mental health distress - Dial 988 for support for anyone experiencing mental health distress – whether that is thoughts of suicide, mental health, substance use crisis, emotional distress and even just worried about a loved one who may need crisis support.

Fall Vaccine Clinics

The Cavalier County Health District has released their fall vaccine clinic dates which includes several recommended vaccines. For more information, the schedule is located on the bulletin board by Pastor Jodi's office.

Pastor Jodi's Contact Information

pjmyrvik@polarcomm.com
Cell phone number 701-265-2409

Visit United online at www.unitedlangdon.org or call us at 701-256-2594.



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Return Service Requested

Worship and Ministry - October Schedule

October 6 - Worship

Reader - Andrea Jacobson
Ushers - Zach & Andrea Jacobson
Acolytes - Lavin Johnson & Brooke Gemmill
Communion Assts - Harper Jacobson,
DeLynn Carlson & Lisa Gellner
Projectionist - Jaymee Reidhammer
"God's Work. Our Hands." Sunday

October 13 - Worship

Reader - Nancy Coyle
Ushers - Greg & Sara Goodman
Acolytes - Ben Borchardt & Asher Veer
Communion Asst - Ryland Peterson
Projectionist - Tyson Gemmill
Coffee - Dan & Peggy Fischer

October 20 - Worship

Reader - Lisa Schuler
Ushers - Charles & Marie Jordan
Communion Assts - Diane Simmons,
Darrel & Karen Kempert
Acolytes - Kyler Farris & Ryann Farris
Projectionist - Meredith Romfo
Coffee - Sheri Winnegge

October 27 - Contemporary Worship

Reader - Confirmation Student
Ushers - Confirmation Students
Acolytes - Rayelynn Christianson & Maddyn Lykken
Communion Asst - Parker McDonald
Projectionist - Brock Freer
Coffee - Karen Boe
Confirmation Sunday

*Thank you to Linda Olson for being
our communion prep individual for the month of October!*