

UNITED MONTHLY

Volume 12, Issue 8

August 2022

We are United to
EXPERIENCE Jesus,
SERVE others and
LIVE the Word!

We live out this mission
statement with our
core values of
Joyful Worship,
Authentic Community,
Faithful Witness and
Ridiculous Generosity.



United Lutheran Church
is a congregation of the
Evangelical Lutheran
Church in America.



God's work.
Our hands.

Dear Sisters and Brothers in Christ

The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. Galatians 5:22-23

Have you noticed that in these summer months after Pentecost, green is the dominant color seen in the church...paraments, banners, vestments and green will remain for the majority of the Fall as well. The green season is a "growing time" because this is the portion of our faith year when we focus...through Bible readings and prayers...on how we can grow as Christians to be more like Jesus. This is when we think...both personally and as a faith community...about what it means to "be Christ in the world". What it means to share kindness, generosity, faithfulness, gentleness, peace, joy, love and self-control...the Fruits of the Spirit...with each other and the world around us. This is also a time to evaluate how growing these fruits, changes our daily lives and effects our everyday choices.

Our task for the remainder of this season of Pentecost...which extends to the end of November...is to look at what Jesus so tenaciously taught his disciples and glean from those teachings ways, for us to carry out the work we have been given to do. Jesus promised his disciples, a helper...an Advocate...who would stand with them making the work possible. This same helper...the Holy Spirit...hovers over us still, eager to give us the encouragement and strength we need, to act with the powerful energy of love.

I have a challenge for your household and for mine. For the remainder of the summer, can we choose to work on **one of the Fruits of the Spirit**? How would it change our personal life, our family life, our community life, and our faith life; if as a team we worked together, intentionally and mindfully growing in one of these areas?

- What fruit of the spirit would you pick: Would it be joy? Love? Peace?
- What about practicing gentleness with each other, especially in our speech?
- Maybe we could find a way to more generously serve.
- Perhaps we need to all practice patience together when things seem to move slowly.
- Or have the faithfulness to see a project through to the end.
- Maybe we can all practice self-control in our media consumption.

Whatever it is you do, remember that growth is often slow going and occasionally, uncomfortable and never really ending, but don't give up! Keep heaping mounds of Christ's love and grace on each other! That is how the Kingdom of God grows!

In Christ,
Pastor Jodi



Photo credit:
Jenny Schrader

August 2022

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2 5-9PM Youth Gathering at Mt. Carmel Dam	3 6PM P.E.O.	4 12PM Al-Anon 4:30-6PM Great Plains Mobile Food Pantry	5	6
7 10AM Worship with Holy Communion	8 5PM P.E.O.	9 9:30AM Memory Loss Support 5:30PM Esther Circle	10	11 10AM Grafton Conference meeting 12PM Al-Anon	12	13
Pastor Jodi is away August 9-15. Please contact Pastor Jessica Merchant for pastoral emergencies, 218-230-4479						
14 10AM Blended Worship	15	16 12PM Writer's Group	17 11AM Ministerial meeting 2PM Pastor Jodi @ Wheatland Bible Study 6PM Church Council Meeting (note date change)	18 12PM Al-Anon	19	20 11AM Pastor Jodi @ Holy Closure Service - Brocket
21 10AM Worship with Holy Communion	22	23	24	25 12PM Al-Anon	26	27
28 10AM Contemporary Worship	29	30	31			

Faith & Care #4

Chairman - Lisa Schuler

- Miles & Teresa Anderson
- Rob & Nancy Becker
- Rob & Laura Belle
- John & Karen Boe
- Kenneth & DeLynn Carlson
- Jayla Christie
- Wayne & Nancy Coyle
- Jim & Marcie Crockett
- Tim & Myrna Devine
- Ryan & Heather Domres
- Dan & Peggy Fischer
- Darren & Lisa Gellner
- Kraig Gellner
- Greg & Sara Goodman
- Ryan & Ashley Gustafson
- Ashton Hedger
- Zach & Andrea Jacobson
- Corey & Julie Johnson
- Devon & Katie Johnson
- Jay & Delane Johnson

- Landin & Brynn Johnson
- Linden & Helen Johnson
- Charles & Marie Jordan
- Darrel & Karen Kempert
- Bub & Janice Knudson
- LeeAnn Knudson
- Ryan & Nicole Koons
- Jolena Lowery
- Matt & Crystal Lowery
- Chris & Tina Mikkelsen
- Val Olson
- Josh & Sarah Overby
- Trevor & Jennifer Romfo
- Mark & Shauna Schneider
- Joan Schrader
- Bob & Diane Simmons
- Kassandra Spanier
- Reuben & Jeannie Steinwand
- Carla Symons
- Willie Thom
- Ryan & Shannon Wagner
- Shannon & Sheri Winnegge

ULC Leadership 2022

- President Deidre Long
- Vice President LeeAnn Knudson
- Secretary Diane Simmons
- Financial Secretary Julie Johnson

Committee Council Representatives

- Education Kim Hart, Kristi McDonald
- Endowment Tyler Balsdon
- Hospitality Terry Jacobson
- Property Steve Hart
- Stewardship Abby Borchardt

Non-voting Representative

- Pastor Jodi Myrvik

Financial Update 6-30-22

June Offering \$10,063.80

	<u>Year-to-Date</u>	<u>Budget YTD</u>
	<u>Current Year</u>	<u>Last Year</u>
Offering Income	\$87,379.13	\$94,800.00
Total Income thru June	\$92,598.31	\$91,867.94
*Total Expenses thru June	\$95,676.43	\$94,215.30

*Please note, last year's expense includes a transfer from the general check book to the dedicated fund to pay off the HVAC note of \$11,332.45.

As of August 2, our Endowment Fund balance was \$96,750.16. If you would like to make a contribution to the Endowment Fund, please make checks payable to "InFaith Foundation" (which manages our endowment fund). Interest accrued yearly from this Endowment fund has been used at the end of each year to give back to needs within our community or special projects within the church.

Summer Offering

With attendance down during summer, we look forward to your contributions to keep the steady flow of funds to pay the church's yearly budgeted expenses. Whether you are away on vacation or watching online, we appreciate those contributions coming in the mail, through Tithe.ly or even bill pay. Thank you!

Council Notes 07-18-22 Mtg

Dan Fischer presented documentation reflecting land on the west and south side of the church property, approximately 1/2 acre, which is being gifted by the Downs family. Eventually, the two tracts of land will be merged into one.

The Stewardship Committee has voted to order a lock box to use for weekly contribution collections.

There will be a youth event on August 2 at Mt. Carmel Dam for an evening of fun for the youth.

The Education Committee will be meeting regarding fall Sunday school plans.

Tyler reported that the endowment balance has dipped close to \$4,000 since last month.

Property is still waiting for bids for a small grate to be placed outside the north entrance to alleviate water seeping in the front entrance. Also, they are waiting on bids for possibly tearing off the siding from the south side of the sanctuary to evaluate the leaks between the wall of the fellowship hall and sanctuary.

Council voted to begin locking the east entrance for safety concerns. Other churches are having to lock their doors required by their insurance companies. Security cameras will be purchased and placed at the door entrances. The church property safety assessment has yet to be scheduled; waiting for finalization from the other community churches.

Council minutes and treasurers reports are posted monthly on the bulletin board in the hall across from the church kitchen.

Sunday School Coordinator

We are still looking for a volunteer(s) to fill the Sunday school coordinator position. If interested in this vital role in our congregation and ministry, please talk with Carla Gemmill. Some of the duties would include: **July** - working with the Education Committee to secure teachers for the upcoming Sunday school year, plan and order with the help of Pastor Jodi/Julie the curriculum for the upcoming year and set teaching schedule. **August** - hold teacher meeting to go over details/schedule. Send out reminders each week on who is teaching so subs can be found if needed. (Education committee will cover some of this too).

Coordinate with music instructor to plan the Christmas program. Assign roles, organize costumes, help rehearse, etc. (Can form a committee to split up these duties). Help organize fall/spring service projects for the kids.

Mobile Food Pantry

The Great Plains Food Bank "mobile food pantry" will again be distributing free food from United Lutheran Church's parking lot, Thursday, August 4, from 4:30-6PM.

Come if you are in need! Spread the word!

Volunteers are needed from 4:15-6:15PM to help direct traffic, greet and load food into vehicles. Please contact the church office if you are able to help.

There are no eligibility requirements to receive food which is provided through donations to the Great Plains Food Bank.



Helpful Information

Al-Anon - Thursdays, 12PM at United Lutheran, Langdon, providing support for relatives and friends of alcoholics. Please call 701-270-2254 with questions.

Alcoholics Anonymous - available at several locations.

Langdon - Wednesdays, 7PM, in the south wing of Langdon Prairie Health

Cavalier - Tuesdays, 8PM, Pembina County Memorial Hospital

Lakota - Thursdays, 7PM, Lakota Lutheran Church

Quarterly Mission

The baby pool is one of the amenities in our community for young families. The renovation project is completed but funding is still needed. This is a great opportunity for serving and becoming a bigger part of our forever changing community. If you're able to help, please make your checks payable to the "Langdon Swimming Pool" or a cash donation, labeled in an envelope, marked for this designation by leaving it in the offering plate, church office or even in the marked collection container located in the narthex, by the pool. All funds received will be taken to city hall.

Mental Health Awareness

The United Lutheran Church Council is taking an active step in promoting mental health awareness. You will notice that posters have been placed on bulletin boards throughout the church providing information about mental health. Information regarding support groups, suicide prevention and mental health awareness will be included in our bulletins and newsletters. Why??? Mental Health Illness has been skyrocketing in the United States. Mental health includes our emotional, psychological and social well-being and affects how we think, feel and act. It also helps determine how we handle stress, relate to others and make choices. Mental health is important at every stage of life, from childhood through adulthood. In fact, studies show that approximately 53 million people in the United States live with a mental illness, which is about 21% of the adult population (about 1 in 5 people). Mental illness in youth between 6-17 years old follows close behind at 17% (about 1 in 6 people). Suicide is a leading cause of death in the United States and is the 2nd leading cause of death for people ages 10-24. Suicide accounted for the loss of more than 45,979 American lives in 2020, nearly double the number of lives lost to homicide. Tune in next month for more news. Let's stop the stigma that prevents people from getting the help they need.

National Crisis Hotline - On July 16, 2022, the U.S. transitioned to using the 988 dialing code for a direct connection to compassionate, accessible care and support for anyone experiencing mental health-related distress - whether that is thoughts of suicide, mental health or substance use crisis or any other kind of emotional distress. Anyone can also dial 988 if they are worried about a loved one who may need crisis support.

Youth Event



Youth night will be held Tuesday, August 2, 5-9PM for Grades 8 - 2022 graduating senior class at Mt. Carmel Dam. This event is being hosted by Lisa & Jeremy Schuler and

Steve and Kim Hart. Boating, tubing, games, food and campfire. Please RSVP with Pastor Jodi ASAP and feel free to bring a friend!

Faith Formation

Sunday school will begin in September after Labor Day. Please watch the ULC facebook page, upcoming bulletins and the September newsletter for details. Students that will be entering kindergarten or new students to the area, please contact Kristi McDonald or the church office to be registered. If you are willing to help by being a teacher or substitute teach, please let Kristi know this too. (Older students that help can use these hours towards volunteer middle/high school hours.)

Confirmation sessions are just around the corner! We are planning to have a parent-student informational meeting on Wednesday, September 7, at 6pm for the 7th & 8th Graders and parents. Confirmation classes will meet most Wednesdays during the school year after that. 9th graders will conclude their confirmation studies and affirm their baptisms on October 30. Stay tuned for more information!



Our worship and picnic on July 24 was a great day! The morning started with coffee and hot cocoa, worship and then the picnic. With the weather being unpredictable, a decision was made to move worship and the picnic indoors. It wasn't quite the beautiful/warm day that we had hoped for but sharing in fellowship in any form is most positive! Thank you to the many committees and individuals that helped make the picnic possible. We thank our Praise Band for their talents and special music. Activities of fun sand crosses were offered after worship for little ones, provided by Diane Reinhardt. Thanks Diane!



Faith & Care Leader

We are looking for a volunteer to fill a vacancy for a Faith & Care leader of Group #3. Every four months, coordinators call their group members to fill duties in the life of the church (ushering, reading, serving coffee, etc). Please contact the church office for more information.

Thank you to Will & Skyler Moline for taking the lead in this position for the past four years. Our other Faith & Care leaders that we truly appreciate are: Carol Hart, Brian & Darby Hart and Lisa Schuler. They would be willing to answer any of your questions too!

New Members

The last Sunday in June, during worship, we formally welcomed new members in to our congregational family. Please welcome our new members: Kari Agotness & Logan Landsem; Pastor Jodi, Paul & Sophie Myrvik; Charlie Klein and PJ (Priscilla) Rime.



Thank you to our Hospitality Committee for providing the welcome gift bags!

July Memorials

- Dennis Pengilly - Carol Hart (garden)
- Ron Peterson - Kevin & Jan Stein (general), Kathy Kram & Milt Clover (general), Kevin & Jan Stein (general)
- Nancy Blanchard - Carol Hart (endowment), Corey & Julie Johnson (building), John & Kathie Johnson (quilters)
- Bob Vik - Dale & Pam Luhmann (general)

Memorials may be mailed or dropped by the Church Office at ULC at any time.

Mystery?

A mystery person graciously volunteered their time and labor to edge the church sidewalk from grass overgrowth. We appreciate their work in making our property look nice!



Prayers of...

Joy

Congratulations to Nathan & Courtney Metzger on the baptism of their daughter, Raevyn Mae. Her baptismal sponsors are Jason Metzger & Julia Koppang. Raevyn has a big sister, Harper.

Healing

Lois Jones (Val Olson's cousin, cancer), Diane Reinhardt, Bob Kempert, Caven Dahl (Non-Hodgkin's lymphoma), Michelle Kaercher (breast cancer), Ole Olson, Marie Peterson and our brothers and sisters in Haiti.

Grief

The family of Merile Clover. Merile passed away on June 16 with his funeral being held at St. Alphonsus Catholic Church on June 21.

The family of Bob Vik on his death. Bob's funeral was held at United on July 19.

We invite you to pray for those people listed above. Please call the church office if you have additions to our prayer list.

We welcome the newest member of United Lutheran, Raevyn Mae Metzger. Raevyn is pictured with Pastor Jodi and Raevyn's parents, Nathan and Courtney Metzger.



At-a-Glance and General Announcements

Thank You to:

Janet Jacobson for leading us in worship on July 10 on short notice. You are appreciated, Janet!

All the committees for their help in organizing the picnic on July 24! Although the picnic wasn't able to be held outside, we were still able to gather in fellowship and enjoy a meal together.

Will & Skyler Moline for the past four years in being Faith & Care leader for group #3.

Diane Reinhardt for the summer activity bags provided for the little ones.

Pastoral Care

Pastor Jodi will be away August 9-15. For pastoral emergencies please contact Pastor Jessica Merchant at 218-230-4479.

East Entrance

Please note, the east entrance will be locked outside church and worship activities (we will try to remember to unlock for Sunday mornings). This is just one step in making the church a bit safer with hopes of not having to lock the building. We are one of two churches in our community with their insurances, at this time, not mandating locking the building.

Bakeless Bake Sale

The United Women's Bakeless Bake Sale is still going on. If you have contributed, thank you so much for your generosity. Funds from the bake sale are used to support mission work. If you have questions, please contact your circle chairman.

United to Serve Others

Do you have an idea for serving others? Share it on the tear-off portion of this bulletin and place it in the offering plate or give it to an usher during communion.

Assistance

While attending worship, large print bulletins are available and in-ear hearing devices from our ushers. We also have a wheelchair available for anyone needing transfer assistance, located in the narthex.

Peanut-Free

A reminder, United Lutheran Church is a peanut free building. This means **no peanuts, tree nuts such as almonds, cashews, walnuts, or pistachios, or legumes, such as peas, chickpeas, lentils or soybeans; green beans and kidney beans are okay.** Please keep this in mind if bringing food for fellowship after worship, potlucks, funerals or other events at church.

Lost Items

Missing a pan? It may be in the church kitchen. Missing baby items, toys, sunglasses, readers, earrings, etc., they may be laying on the lost & found shelf in the narthex. Please check if one is yours!

A few jackets were left behind from Vacation Bible School. Please check to see that one may belong to your child.

Muhs Fest

Third Annual Muhs Fest, Mount Carmel Dam Recreational Area, Saturday, August 6th. Rib fest and Corn Hole Tournament. All proceeds donated to the Cavalier County Cancer Crusaders. This event is hosted by the Michael Muhs family in his memory. Michael was a former member that passed away from cancer. More information is located on the bulletin board in the narthex.

Off the Charts Music Festival

The Summer's best FREE Contemporary Christian music festival, August 20-21, featuring Rend Collective, Sidewalk Prophets and more! Held in the Cavalier City Park. Games, food, fun and music! Check out their website for more information at www.offthechartsnd.com

Pastor Jodi's Contact Information

pjmyrvik@polarcomm.com
Cell phone number 701-265-2409

Memory Loss Support

Memory Loss Support meets the second Tuesday of each month at 9:30AM at United Lutheran. Come if you are in need of support for your loved one.

PRBC Concert

The last concert at the camp is 7PM, August 7 with Rachel Kurtz.

Covid-19 Dashboard

If you were waiting to get your COVID booster, now is the time to get in and take care of protecting yourself. We are seeing local cases rise significantly. Cavalier County Health District offers COVID vaccine Monday, Wednesday, and Fridays, including COVID boosters. Call 256-2402 or go to <https://tinyurl.com/f2e2uaw3> to set up an appointment.

COVID vaccine is available for those 6+ months of age Monday, Wednesday, and Fridays also.

On Jul 8, 2022, the FDA granted another three-month shelf-life extension for the iHealth COVID-19 Antigen Rapid Test, which extended the shelf-life of all iHealth tests from 6 months to 12 months.

Free at home test kits are available from public health, the emergency manager, Langdon Prairie Health, Langdon Drug, Munich Grocery, CHS Milton, Mt. Carmel Rec Area and Calvin Farmers Union.

Visit United online at www.unitedlangdon.org or call us at 701-256-2594.



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Return Service Requested

Worship and Ministry - August Schedule

August 7 - Worship with Holy Communion

Reader - Karen Boe
Ushers - Bub & Jan Knudson
Communion Prep - Jeannie Steinwand
Communion Assts - Jan Knudson, Karen Boe
& DeLynn Carlson
Projectionist - Addy Reidhammer
Coffee - Dan & Peggy Fischer

August 14 - Blended Worship

Reader - Ashton Hedger
Ushers - Shannon & Sheri Winnege
Projectionist - Meredith Romfo
Coffee - Ryan & Shannon Wagner

August 21 - Worship with Holy Communion

Reader - Nancy Coyle
Ushers - Val Olson & Collin Olson
Communion Prep - Jeannie Steinwand
Communion Assts - Val Olson, LeeAnn Knudson
& Darrel Kempert
Projectionist - Addy Reidhammer
Coffee - Joan Schrader

August 28 - Contemporary Worship

Reader - Liam Johnson
Ushers - Willy Thom & Zach Jacobson
Projectionist - Brock Freer
Coffee - Andrea Jacobson